



Your guide to Scilly

Itineraries, tips, activities and accommodation to help you make the most of every minute on Scilly.



WHY I'VE ALWAYS WANTED TO VISIT THE ISLES OF SCILLY

Catch up with Helen Glover OBE

THE BIG CHILL

Wild swimming and the health benefits

NEW FOR 2019

Search for accommodation and travel in one place

ISLES OF SCILLY
Travel

A graphic element consisting of two stylized, overlapping shapes in blue and red, resembling a compass rose or a stylized 'S'.

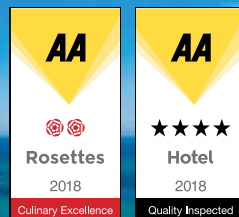
ISLES OF SCILLY TRAVEL BY SHIP | PLANE

28 miles off the coast of Cornwall
lies the perfect *British* summer.



You'll carry home memories of boat trips across the crystal-clear sea, stepping onto beaches of pale sand where your footprints are often the first ones, of slow rambles from a secluded cove to a welcoming bar. A holiday full of picnics, paddling and peace.

Welcome to the Isles of Scilly



EXPERIENCE KARMA ST. MARTIN'S

A stone's throw from the beach and a world apart from everyday life, Karma St. Martin's hotel is home to the AA acclaimed two-Rosette award-winning Cloudesley Shovell restaurant. Whether it's our local fisherman's seafood platter or (freshly caught) gourmet lobster rolls, a delicious afternoon tea, or a Cornish Pasty picnic on the beach, our Head Chef and team plate up some of the very best food in the U.K.

Enjoy summer days dining al fresco in the hotel's sub-tropical gardens, surrounded by breath-taking sea views - the perfect location to soak up the stunning Isles of Scilly landscape. Visitors are welcome daily whether it's for a quick takeaway Cornish coffee and snack before exploring the island, leisurely lunch or Karma Spa treatment (pre-booking required). Karma St. Martin's is reachable walking distance from both Lower and Higher Town Quay, and four-legged friends are made to feel very welcome!

The hotel features 30 Ocean View rooms and suites, and subject to availability visitors are welcome to view accommodation, in mind for their next Isles of Scilly holiday.

E : reception@karmastmartins.com | T : +44 (0)1720 422 368 | karmastmartins.com

WE CREATE... EXPERIENCES



Read our full interview with two-time Olympic Gold Medal winner and British rowing champion Helen Glover MBE on page 8.



Isles of Scilly Steamship Company Limited, Steamship House, Quay Street, Penzance Cornwall TR18 4BZ

S Magazine is produced by Isles of Scilly Steamship Group inhouse communications team.

T +44 (0) 1736 334240
marketing@islesofscilly-travel.co.uk

Editor | Sharon Sandercock

Thanks to all those who have contributed images for this publication.

Opinions expressed are the authors and not necessarily those of the company. Whilst every effort is made to ensure total accuracy Isles of Scilly Steamship Group cannot be held responsible for any errors or omissions within this magazine.

When you have finished with this magazine please pass it on or recycle it.



Why Scilly is where I've *always* wanted to go

Growing up in Penzance, I remember getting really excited whenever I saw the Scillonian ferry in port – it always seemed a little bit magical that there were these islands you could get to from where we lived, and it amazed me how easy it was.

As an adult, I'm ashamed to say I'm the only member of my family who hasn't been to the Isles of Scilly before – but I'm so excited to finally put that right this summer and see the islands for myself, along with my husband Steve and our baby son Logan.

I've heard so much from my family about Scilly over the years; my mum used to go camping there regularly, and my sister tried snorkelling with seals when she last visited and came back raving about it, so Scilly has been on my 'to do' list for a very long time.

It's crazy that I'm from west Cornwall and have never visited before, but I think that's the case for a lot of people living there – and often they don't realise how easy it is to visit.

Accessibility is the thing these days, with Skybus planes from three airports as well as the ferry, and I just think it's incredible that you have this destination which is literally like nowhere else, yet you don't have to travel for 10 hours to experience it – you can get there in as little as 15 minutes.

I already know I'm going to love Scilly as it's always our dream for Steve and I to go somewhere and not find a single footprint on a beach, and we love being outdoors and enjoying nature and fresh air in a very relaxed and calm environment, so Scilly ticks every box for us. I can't wait to discover it for myself this summer.

Helen Glover
Olympian Champion Rower

ISLES of SCILLY BOAT HIRE



Freedom to Discover



**NEW
2019
Kayak
Hire**

Self Drive Boat Hire

7.7m Sealegs	200hp Amphibious Rib	Boatshare
Powercat 525	Twin engine Catamaran	Daily Hire and Boatshare
Island Pilot	Gaff Rigged Sailing Boat	Daily Hire and Boatshare
Orkney	25hp Electric Start Engine	Daily Hire and Boatshare

Complimentary fishing equipment on all Boat Hires

Quality Boats with a Quality Service

To book your boat contact Richard

Bryher Boatyard, Bryher, Isles of Scilly, TR23 OPR

Email info@islesofscillyboathire.com Tel (01720) 422702 Mobile 07881767504

Website www.islesofscillyboathire.com

20-21 OCTOBER HALF
TERM BREAKS WITH THE FAMILY



32-34 THE GREAT
WILD SWIMMING GUIDE



44-49 FIND OUT ABOUT OUR NEW
ONLINE ACCOMMODATION DIRECTORY



Contents

8-11 CORNWALL'S
OWN OLYMPIC CHAMPION
ROWER - HELEN GLOVER
Find out why Helen can't wait
to explore Scilly this summer

12-14 72 HOURS
ON SCILLY
A 3 day snapshot guide to Scilly

15 STAY CONNECTED
'ON SCILLY'
Find all the information
you need with the new
'Scilly app'

16-17 MAKE THE MOST
OF YOUR TIME ON SCILLY
3 handy itineraries to help
you explore the islands

19 100 YEARS OF HISTORY
Help us celebrate 100 years
of the Isles of Scilly
Steamship Group

20-21 OCTOBER
HALF TERM BREAKS
WITH THE FAMILY
Blogger Sophie Baker tells us
why she loved Scilly in autumn

22-23 INSTAGRAM EDIT
Scilly through the lens

24-25 ISLAND
OF INSPIRATION
Mainland artists inspired
by Scilly

26 MEET RICHARD
NICHOLLS
A member of the Scillonian III
and freight vessels crew

30 ISLAND EVENTS
Your guide to events taking
place in Scilly in 2019

31 YOUR CITY TO ISLAND
BREAK JUST GOT QUICKER
Its quick and easy to reach
the islands from the capital

32-34 THE GREAT
WILD SWIMMING GUIDE
Intrigued by open water
swimming, then read our
feature the benefits of wild
swimming by Nick Lishman

36-39 MAKING
A DIFFERENCE
Find out about the islands
Wildlife Trust and Scillonian
Wildlife Ranger

40-41 FULL STEAM
AHEAD TO A BETTER
ENVIRONMENT FOR ALL
Plastic Free Penzance and
how we can all do our bit

43 SOMETHING SPECIAL
A slice of Scilly inspired gifts

44-49 ISLAND
OR MAINLAND?
New for 2019, find travel and
accommodation in one place

50 GIVING BACK
The inspirational projects,
supported through our
Community Fund

CORNWALL'S OWN OLYMPIC CHAMPION ROWER

Helen Glover

Helen Glover is passionate about promoting her home county – and now wants to encourage more people to visit the Isles of Scilly as well, as she discovers its delights for herself on her first ever visit this summer.



Helen Glover MBE

Born 1986,
Truro Cornwall

Number 1 female rower
in the world since 2015

Two time Olympic
champion, triple
World champion

Quintuple World
Cup champion

Triple European
champion

Helen, who was born in Truro and grew up in Penzance, is a British professional rower and member of the GB Rowing Team who has been ranked the number 1 female rower in the world since 2015.

A two-time Olympic Champion, triple World Champion and European Champion and quintuple World Cup Champion, Helen is the world-record holder alongside rowing partner Heather Stanning. The pair are reigning Olympic, World and European Champions in the women's coxless pairs.

As the pride of Penzance, Helen was awarded a gold postbox – sited opposite Penzance Quay – in recognition of her Olympic win at the London 2012 games, the first gold of the games for Team GB.

Helen is a familiar face in west Cornwall, where she returns regularly to visit family in Penzance and Newlyn.

Here Helen tells us why trying out gig rowing on the Isles of Scilly is next on her list – and why she's delighted to be an advocate for Isles of Scilly Travel in 2019 to help promote the destination.

WHAT WERE YOUR IMPRESSIONS OF THE ISLES OF SCILLY HAVING GROWN UP IN PENZANCE?

I always knew so much about the Isles of Scilly as my mum grew up going over to the islands a lot, mostly camping. She would always tell me that I had to go, so it's been on my to-do list for ages. Mum told me wonderful stories about being dropped off on an off-island by boat and a tractor

coming to pick up luggage and take it to a campsite; I just loved everything I heard about it. I remember getting really excited when we saw the Scillonian ferry in port in Penzance, it seemed a little bit magical that there was these islands you could get to from where we lived.

I'm ashamed to say I'm the only member of my family that hasn't been to the Isles of Scilly – but that's something I'm planning to remedy this summer at long last.

I've heard from my family that it's beautiful, especially the beaches, and about the individual style of each island. My sister raved about the experience of snorkelling with the seals after she visited, so that's on my list when I go for sure.

It's amazing how many people live in Cornwall and have never been to Scilly. It's just one of

“
IT'S OUR DREAM TO
GO SOMEWHERE AND
SAY OH WOW, THERE
ISN'T A FOOTPRINT
ON THIS BEACH.
”



those things, you can be so close and not get around to going there, but there's no excuse really when it's so easy to visit – and I'm genuinely excited to make it happen this year at last.

WHAT DO YOU THINK MAKES SCILLY SO SPECIAL?

I know some people want to go on holiday and stay in a big, all-inclusive hotel with noisy karaoke every night but for me and my husband Steve – and for so many people I'm sure – that's the opposite of what we want, especially as we have a young child. It's our dream instead to go somewhere and say 'oh wow, there isn't a footprint on this beach'.

I think the simplicity of Scilly and its unspoilt beaches and countryside make it so special, and I'm excited to experience days of living totally outdoors, coming back exhausted after a day of fresh air. That is

absolutely what we look for in a holiday destination.

WITH YOUR BABY SON LOGAN TO THINK OF NOW, DOES THAT MAKE SCILLY A MORE APPEALING DESTINATION?

Absolutely. There aren't many places in the world you can go to with a child where you can say 'go on, see you in a few hours', and they can have an amazing experience exploring and being free – and I think Scilly offers that. It's a safe, unspoilt environment, there are no busy roads, so it's back to basics and that is truly what you want with young children.

That literally was my childhood in Cornwall so I know how important it is; it was a case of taking your bike out with a map, and my brothers and I would be back in four hours time covered in mud; it would be an actual adventure. It's really

hard to get that now, and so somewhere that is safe, but still exciting, is really special. It's also so easy to get to Scilly – and accessibility is the thing, especially when you have young children; the last thing you want is a 10 hour flight.

IS IT IMPORTANT FOR YOU TO BRING LOGAN BACK TO WEST CORNWALL OFTEN?

Cornwall will always be home and I'll always be really proud to be Cornish. I figure the more we take Logan there, the more he'll feel that too. I always say he's a Cornish baby, and he's definitely happiest when on the beach.

Newlyn is very special to me, as that's where my dad's ice cream shop, Jelbert's is (Jelbert's Ices of Newlyn was started by Helen's great-grandfather and her father later took it over). It's become my customary route to walk Logan to sleep through Penzance, across the prom,



passing the Jubilee Pool, over to my dad's ice cream shop and back, and that walk is very nostalgic for me.

Cornwall is stuck in time, in a really nice authentic way; kids are still jumping in the Jubilee Pool in Penzance like I did when I was little, and learning to ride their bikes on the Promenade like I did myself. It's going back to a simpler way of life, unspoilt and open and free – everything I love, basically.

DID YOU EVER PRACTICE GIG ROWING WHILE YOU WERE IN CORNWALL?

No – it's probably the only sport that I didn't do when I was growing up in Cornwall actually!

If you go past Mounts Bay, you see the gig club out and I think 'oh I want to be out there, it looks amazing'. People assume I do it when I'm in west

Cornwall but to my shame I've been in a gig maybe only once. It's actually physically quite different to the rowing that I do, because it's fixed seats, so it's your arms and back doing everything.

The rowing I do is mainly your legs, because you've got a sliding seat, so when I first tried gig rowing, I got in and everyone said 'oh she's going to be so good' and I was actually rubbish.

I'd love to try it properly on the Isles of Scilly, and I know Scilly is famous for it. It's an amazing thing that the world championships take place on Scilly, that's such a big deal and I'm really keen to find out more about it.

YOU'RE A PASSIONATE CHAMPION FOR CORNWALL – AND WILL NOW BE AN ADVOCATE FOR THE ISLES OF SCILLY TOO. WHAT MADE

YOU WANT TO DO THAT?

I am so very excited to be helping to promote the Isles of Scilly – and I'm really chuffed to be the advocate for Isles of Scilly Travel in 2019. I genuinely am fully Cornish, and for me an association with the Isles of Scilly is really special because I want more people to realise how incredible this destination is.

It's something I wholeheartedly believe in – especially now I have Logan – because when he's older, I'm already thinking how am I going to keep him off an iPad and keep him appreciating how amazing it is to be present and looking around at how beautiful the world is.

By the sounds of it, and as I'm sure I'll discover for myself in the summer, you have the answer in a holiday on the Isles of Scilly, and that's something I want to shout about.

72 hours on Scilly

Are you visiting the islands for a short break as part of your south west holiday or taking a long weekend to the Isles of Scilly?

01 Aerial view of St. Martin's

Let's get started

You've probably seen images of all the things you want to explore and are wondering how you'll fit it all in...

We've pieced together a sample of Scilly that can be explored in 3 days. From sunrise to sunset, this snapshot of Scilly will leave you refreshed and energised ready for your next visit.

1 Day one

To get the maximum time out of your trip, our advice would be to catch the first Skybus flight at 08:00 from either Land's End or Newquay Airport. Where on arrival into St. Mary's, you'll be greeted by the local taxi transfers. Your driver will be happy to drop you to the quayside and take your bags to your accommodation.

Look out for chalkboards on the quay with departure times for the inter-island boats. Catch a boat to St. Martin's, which is best known for its Mediterranean beaches. It's perfectly achievable to walk the breadth of St. Martin's but you need to keep your walk brisk to meet the last boat back to St. Mary's.

Depending where you land, head towards Highertown to pick up lunch from the Island Bakery, keep the ocean on your right and keep exploring until you reach the Daymark.

This is a great place to stop for lunch, on a clear day you'll have 360-degree views of all the islands. Keep walking along the coast and you'll pass 'Bread and Cheese Cove' and 'Turfy Hill' before meeting the long expanse of Great and Little Bay.

Continue on this section of coast and you'll be rewarded with a final stop at Karma Hotel, perfect for drinks in the garden, whilst waiting to catch your boat back to St. Mary's.

Monday night is generally 'supper boat' to St. Agnes. A 15-minute crossing and you're on St. Agnes sitting in the Turks Head Pub – just a 2-minute walk from the quay. Here you can enjoy a great choice of food from the menu.

After dinner enjoy a gentle walk to the most westerly point of Scilly, to see the sun set by Big Pool, looking out to Burnt Island and Bishop Rock Lighthouse.

2 Day two

Day 2 involves catching the boat to Tresco Island. The biggest 'attraction' here is the famous Abbey Gardens, home to over 20,000 sub-tropical plants; a museum filled with figureheads from shipwrecks and the rare red squirrels growing in population.

To get the best out of the gardens you'll need about half a day to



02



03



04

explore, replenish stocks with lunch in the café before hiking the coastal path over Abbey and Plumb Hill to meet New Grimsby, look north and you'll find the heathland with 2 ruined castles to explore and views to the neighbouring island of Bryher. This evening is for sampling St. Mary's food offerings, try 'The Beach' at Porthmellon for laid back BBQ food, specialising in seafood, literally on the beach.

Top tips

Maps can be picked up in the tourist information centre on St. Mary's

Restaurants can be busy in the main season so be sure to make a reservation

Follow the boat services – St. Mary's Boatmen, St Agnes Boating and Tresco Boats online for up-to-date timetables and special trips

A Scilly sunset or sunrise is always worth the extra hike

- 02 Daymark, St. Martin's
- 03 Holy Vale vineyard, St. Mary's
- 04 Tresco Abbey Garden
- 05 St. Mary's at sunset



05

3 Day three

Your third day is for exploring the hub of Scilly – St. Mary's. Nestling in the middle of the island is Holy Vale Vineyard, the wine is grown and produced on site.

Hire a bike from St. Mary's Bike Hire and cycle up Rocky Hill, stopping at Carreg Dhu Gardens and along to the nature trail that meets Holy Vale.

The vineyard hosts a brilliant lobster lunch (pre-booking is essential) and an insightful tour of the vines. From here take the route to Telegraph and Halangy Down, where the remains of a Bronze Age village stand.

You can cycle the route along the coast back to Hugh Town, dropping your bikes off before catching the ferry home from the quayside.



DOWNLOAD
THE APP

The app is £1.99 and can be downloaded on IOS and Android devices. Visit scillyapp.com



Scilly App

STAY CONNECTED 'ON SCILLY'

Launched in 2019, is the Isles of Scilly app, developed by local businessman and owner of St. Mary's Hall Hotel and other businesses.

The app is a one stop shop providing activities, locations of shops and galleries, local information and services, food, drink and entertainment, days out and information about how to get around the islands.

It's split into each island, using a map of your location and highlighting points that are nearby. Using geolocation, the app will notify you of events, locations, handy offers and tips and deals in the area.

There are guided walks and routes to plan your day and a handy favourite button; saving your favourite parts of Scilly stored in one accessible place. Perfect for day trips and longer stays. We've caught up with Clifford Freeman, the founder, to hear what inspired him to develop the app.

"When I bought the hotel back in 2009, I felt there was a definite lack of information available to visitors, so set about developing

a website that my hotel guests could use during their visit. It was quite difficult to build so when 4G came to the islands, I thought that it was a great opportunity to create the app and for users to be able to access Scilly easily.

There is a lot of information available online for Scilly as well in paper form, but we believe this is the first time that a comprehensive guide to Scilly is available in one, interactive place. My favourite function of the app is the 'Near Me' button, which enables you to learn what is around you by the press of a button.

The app is useful to both Islanders and visitors as it provides information from weather to tide times, points of interest to taxi info, boats times to restaurant telephone numbers. For example, if you were a resident, you're able to keep an eye on your boat in the harbour via the webcam button or if you are a visitor wanting to know the closing time of the local shops, you can easily find this by the tap of a button."

Make the most of your time on Scilly

Whether you're staying for a short break or visiting on a day trip, there could be two of you, you could be taking a solo trip or it's an adventure for the whole family. We've got it covered with inspiration and itineraries to help you plan your visit to the Isles of Scilly.

Top tip

Make the most of your day trip by getting the earliest available flight out and the latest flight back. Also, look out for double Scillonian sailings in the summer months giving you more time on Scilly.



Suitable on a Skybus day trip

- 1 Fly from Land's End in just 15 minutes to St. Mary's Airport
- 2 Catch the shuttle bus to the quay in Hugh Town
- 3 Transfer to the island of St. Martin's by tripper boat
- 4 Grab a bite to eat at Higher Town in the café or bakery
- 5 Catch another boat to snorkel with seals off the Eastern Isles. See if you can spot flocks of seabirds, sunfish or even dolphins



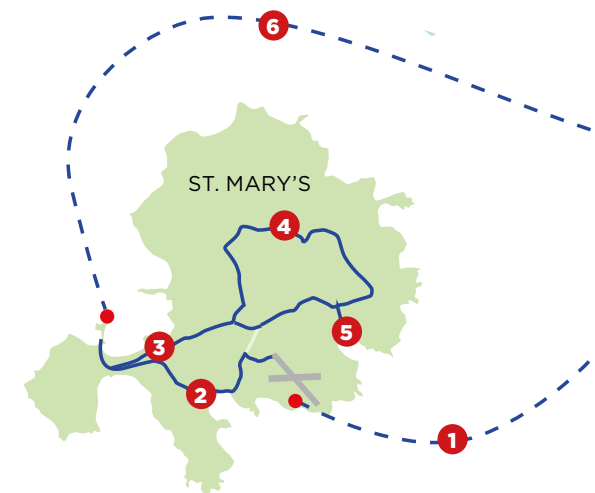
Suitable on a Scillonian day trip

- 1 Sail from Penzance, departing at 09:15 and arriving at 12:00. Keep an eye on the water for wildlife spotted along the route.
- 2 Sail across on a tripper boat to the island of St. Agnes
- 3 Head 2 minutes' walk to the local (and only) pub The Turks Head for a hearty lunch stop
- 4 After lunch, take a stroll to the sandbar 5 minutes away and if time and tide allows, cross to the island of Gugh



Suitable for a fly+sail day trip

- 1 Fly via Skybus from Land's End or Newquay Airport
- 2 Catch the shuttle bus to Hugh Town
- 3 Hire a golf buggy to see the sights
- 4 Head past the centre of the islands. Stop for lunch at Sabines in the Country, famous for magnificent apple strudel
- 5 Explore the island. A great place to stop is at Porthellick Beach for history
- 6 Sail back aboard Scillonian III from St. Mary's harbour





Scilly's postal flower service
The perfect gift for any occasion



VISIT SCILLYFLOWERS.CO.UK CALL 01720 422169



years of history

- 01** Captain Joe Roseigh
- 02** The second Scillonian and Scillonian III, 1977
- 03** The launch of Skybus, 1984
- 04** Flowers being delivered via Skybus to Land's End Airport from the Isles of Scilly

We will soon be celebrating 100 years of service to the Isles of Scilly

We have been serving the route between the mainland and the Isles of Scilly for nearly 100 years; we are unique, with the breadth of services that include an airline, airport and shipping services for passengers and freight. As well as operating Penzance Dry Dock and a haulage company on the islands.

In 2020, we will be celebrating our 100-year anniversary with celebrations and surprises. If you have any memorabilia to include memories, literature,

photos and footage that you'd like to share, of all things related to the Isles of Scilly Steamship Company from 1920 to the present day, we'd love to hear from you.

It could be a photo of one of the faithful Scillonian passenger ferries, a special memory of a staff member or a souvenir.

Get in touch with our marketing team by emailing at: marketing@issg.co.uk or call 01736 334220.



Scilly is perfect for family breaks as it provides a huge outdoor playground to explore and something for all the family to enjoy. We've caught up with blogger, Sophie Baker from Muddy Stiletto's to hear why she recommends the islands to everyone with kids and why a visit out of season has lots of things to see and do.

October breaks with the family

In truth, both our kids spend too much time plugged in. But for four full days last year they didn't even ask. Scilly is perfect for kids, foodies, walkers, wildlife enthusiasts and anyone seeking a little peace, Scilly offers up deserted beaches, fresh seafood and the screen-free, simple life.

We went in October, just before many businesses shut up shop for winter and found the islands quiet but still warm enough for days spent outdoors. Each island has a slightly different character and it feels different from Cornwall too – more unspoilt... an even slower pace of life.

I recommend travelling via the Scillonian ferry to St. Mary's, as the kids will love being entertained by regular wildlife sightings, we saw dolphins, a minke whale and numerous diving birds. Your first day



should be for exploring St. Mary's. We began at **Porthcressa Bay**, then did the 45-minute walk around the **Garrison**. This is a brilliant way to get your bearings.

For family friendly accommodation, I loved **Longstone Lodge**, a hostel in walking distance from **Hugh Town**, we ate in on our first night, with posh takeaway meals pre-ordered from **Tanglewood Kitchen**.

If the weather's fine, you must book in to a trip to **Bishop Rock** lighthouse. The most western point of the Isles of Scilly, we circled the lighthouse, listening to tales of the numerous ships that have gone down in these waters, as gannets dived all around us.

It's perfectly achievable to fit in another trip here, we went on to the ruggedly beautiful island of **St. Agnes**. St. Agnes joins to the neighbouring island – **Gugh** by a sandbar, which we swam off, accompanied by a playful seal that kept popping up to one side then the other.

Another family friendly island to visit is **Bryher**, if you ask me to choose, this is my favourite. It was the quietest of the islands we visited, perfect for doing little but walk and gawp at the views. It's small size, means you can walk a full lap of the island, even with little legs in tow. You can't visit the Isles of Scilly without a trip to **Tresco** island, it has all the wild Scilly beauty but with an easily accessible flat white coffee if the craving strikes.

You can book in a session of rock pooling with the Isles of

Scilly Wildlife Trust, they host regular guided sessions during the season, our kids loved this almost more so than visiting the renowned **Abbey Gardens** and Valhalla figure head museum.

We totally lost track of time – easily done here – and watched the Scillonian pull in from our table. I would have happily watched it leave again.

Take time to explore **St. Mary's** by bike, this is a great way for the whole family to get about taking in the sights. We hired bikes from **St Mary's Bike Hire** the previous evening and loved finding some really quiet spots before a stop at **Juliet's Garden**, with views across the water to **Hugh Town**.

We totally lost track of time – easily done here – and watched the Scillonian pull in from our table. I would have happily watched it leave again.

I recommend the Isles of Scilly to everyone, this was truly one of the best family holidays we've had; with some great food, restful days and Swallows & Amazons-style magic we won't soon forget.



Sophie runs a blog called **Muddy Stiletto's** and is based in Cornwall.

Visit cornwall.muddystiletto.co.uk

INSTAGRAM EDIT

Scilly through the changing season, as seen through the eyes of two keen resident photographers Josh Birch and Niki Hicks.



Beautiful Per Askin at 10pm
#stagnes #june *Niki Hicks*



I might have just found the end of the rainbow
#myscilly #islandlife #rainbow *Niki Hicks*



Autumn storm
Josh Birch



Autumn light
Josh Birch



Not a bad for a November morning
#mostsouthwesterlypub #myscilly *Niki Hicks*



Western Rocks
Niki Hicks



Calm reflection low tide spring
Josh Birch



Harbour sunset mid-summer
Josh Birch



So wonderfully clear at Periglis #august
Niki Hicks



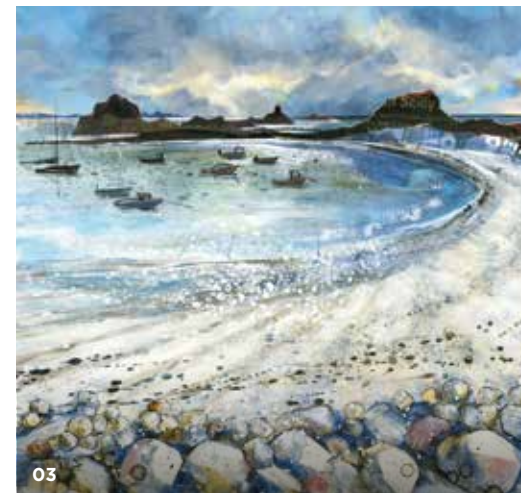
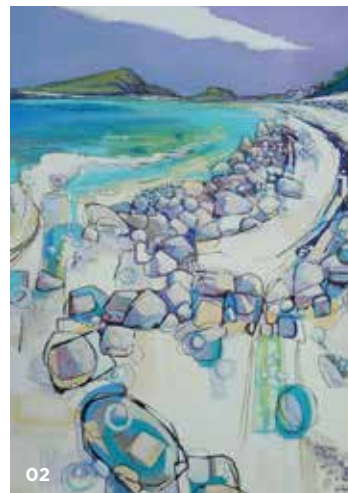
Clever little rainbow around the Skybus shadow
Niki Hicks



Snow sea
Josh Birch



Summer time flowers
Josh Birch



ISLANDS *of* INSPIRATION

The Isles of Scilly and its unique landscape has been inspiring artists and writers for decades, some of them have chosen to live on the islands and others simply can't keep away. We've caught up with 4 artists, located across the UK and working in different mediums to see their favourite piece of work inspired by Scilly and the motivation behind it.



KURT JACKSON

"For over 30 years I have been regularly visiting and painting on Scilly. A landscape within a seascape. The sea is always present, audible or visible, setting the bar of what is feasible as well as the

limitations. Wander over these sea-surrounded Scillonian hillocks where Mediterranean insects and flora coexist with the native species, Scillonian subspecies evolved in their isolation alongside the visitor, the vagrant and the rare.

Prehistoric Scillonian ancient sites are dotted amongst the vernacular cottages and high tottering dry stone perforated walls – all is granite, hairy with lichen and shaped by the winds. Or to resist the winds. Aquamarine shallows backed by deep distant ultramarine and always a gull with a comment.

And it is here that I unroll my canvases and prop my boards, where the sand always gets in the paint, the wind and

sundry everything too quick, the rain washes it all away and everything is so beautiful. My Scilly exhibition, a body of work created in all weather over the last decade was recently shown at the Jackson Foundation, St Just"



DANIEL COLE

"I work from the Old Bakery Studios in Truro, painting landscapes and birds in oils, using sketches and paintings made in the field.

As an artist it would be difficult not to be captivated by Scilly, the colours and shapes, the huge skies and the wildlife, plus the individual feel and

atmosphere of each island. I love working as the tide falls, revealing the expanses of white sand, and then as the tide comes back in, filling the channels and spaces between the islands with clean tropical looking water with every shade of aqua, green and blue. This island landscape lends itself perfectly to my style of semi abstract painting."



TRACEY ELPHICK

"My family live at The Parsonage on St. Agnes, so I have been regularly visiting Scilly for the past 25 years. I held my first exhibition in the reading room there back in 2011 and this sparked the beginning of my

working as a full-time artist. My work is very experimental, using mixed media techniques that combine local collage material with acrylic paint and ink. Spraying, splashing, sponging and sgraffito are some of the processes I use and are ideally suited to the dramatic, ever-changing landscape of Scilly.

I am able to express my passion for colour when attempting to capture both the summer vibrancy and the moody winter skies, using layers of media to mimic sky, sea, sand and rocks."



ALASDAIR LINDSAY

– "As soon as you step off

the ferry you can be as relaxed or adventurous as you want to be. The locals are warm and welcoming and cater very well for visitors. As an artist visiting in last June's heatwave, I found the islands beautiful and other worldly. So close yet so different from Cornwall, and every island has its own identity.

I enjoyed painting views from island to island, seeing great sunsets, and exploring the amazing rock formations and beaches. Either with my bike or on foot, I'd love to return and keep exploring all the island have to offer."

Don't forget the new [Creative Scilly festival](#). For more information see page 30.

- 01 Chased by the tide, Kurt Jackson
- 02 Long white cloud, St Martin's, Daniel Cole
- 03 Summer Evening, Periglis', Tracey Elphick
- 04 The Scillonian unloading at Hugh Town, St. Mary's, Alasdair Lindsay



Meet **RICHARD NICHOLLS**
A member of the Scillonian III
and freight vessels crew

Richard grew up in Mousehole and after ten years on North Sea gas rigs, Richard works closer to home aboard our passenger ferry Scillonian III and our freight vessels. We've caught up with Richard to find out why he thinks he's got 'the best job'.

"My day to day role is working as an Able Seaman (AB) aboard the company vessels - which involves looking after passengers once they're on-board, general maintenance of the vessel and handling cargo. I also work on the freight vessels, as a forklift driver, loading and unloading cargo.

Most of us working on-board, all move between the vessels, so a typical rotation would be

one-week on-board Scillonian III and two-weeks working on the freight vessels, followed by two weeks off.

An average day during the summer working aboard Scillonian III, means being on-board for 07:00 for a 07:30 start and I can finish anywhere between 19:45-21:00.

It's great, because during the day and if I'm not working on-board ship, I can go off and explore the islands. Sometimes for a walk around the Garrison or I'll head to Porthcressa Beach.

I think this is the best job I've had because every day is different really. Nothing beats working in the summer, sailing along the coastline

from Penzance on a nice day with stunning views. I've seen dolphins, Minke Whales and sunfish. On a good day, it's second to none - the best job.

Before I joined the group, I spent 10 years working in the North Sea as a standby on cargo supply and standby ships. My role was Rescue Coxswain and Medic, so a little different to my role here. I worked away, usually up to six weeks at a time.

Outside of work I'm a volunteer with the RNLI as an emergency mechanic and have been since 1987, I volunteer at Penlee. It's a little more difficult to volunteer when I'm working aboard ships, so I use my time off to crew the lifeboat."

Richard Hand Haulage

www.islesofscillyhaulage.com

T: 01720 423007
M: 07831 255921
E: richardhand@btconnect.com

General Haulage Contractor, Isles of Scilly

- Storage**
- Courier Services**
- Van, Lorry & Crane Hire**
- Skip Hire & Waste Services**
- Luggage Delivery & Collection**
- UK & Europe Pallet Delivery Service**
- Removals Door to Door anywhere in UK**

St Mary's Boatmen's Association

We run trips 7 days a week to all the main Islands, including daily wildlife excursions for Puffins and Seals etc.

Most trips depart 10.15 & 14.00

Manx Shearwater

Razorbill

Guillemot

North Atlantic Puffin

Atlantic Grey Seal

Contact Details

Email: enquiries@scillyboating.co.uk

Phone: 01720 423999

Website: <http://scillyboating.co.uk>

Scilly on Tap



The ultimate guide to everything the isles have to offer



the App of
Scilly



Tune in to the Island's very own radio station

During your time on the islands, be sure to listen to Radio Scilly, the Isles of Scilly's very own community radio station, broadcasting from their studio in Porthmellon on St Mary's.

Local presenters cover local news stories, weather forecasts, updates on inter-island boating, Skybus and Scillonian travel news, events and local features throughout the day. You can tune in to 107.9 FM or from anywhere

in the world by visiting radioscilly.com for that regular taste of Scilly even when you aren't on the islands. Radio Scilly is a not-for-profit community radio station, and keeping it on air 24 hours a day, 365 days a year in such a remote location is challenging.

If you'd like to support them, they are funded by the Scilly Lottery – you can find out more about this at scillylottery.com.

TREGARTHEN'S
HOTEL RESTAURANT COTTAGES

Rooms with a view...
and what a glorious view it is.

Tregarthen's Hotel must have the most glorious setting of any hotel on St Mary's, right by the water's edge, just yards from the quay. The perfect base for your break on Scilly.

- Restaurant with panoramic sea views
- 6 self catering cottages
- Afternoon Teas
- Luxury bedrooms, many with sea views
- Spacious lounge bar
- Cornish Cream Teas
- Garden terrace for al fresco dining



FREE WIFI FOR ALL GUESTS

www.tregarthens-hotel.co.uk | 01720 422540 | Located just above the Harbour on St Mary's

2019 Isles of Scilly events



Spring

World Pilot Gig Championships 3rd-5th May

Now in its 30th year, the islands welcome back the World Pilot Gig Championships. With teams from all over the world attending, it's one of the busiest events on Scilly.



Latest events

Scilly has lots of impromptu events and activities going on throughout the year.

Stay up-to-date with weekly updates from the islands.



Creative Scilly May 10-22nd

An inaugural week of creativity, Creative Scilly is a chance for everybody to get involved in Scilly's creative scene; incorporating art, literature and comedy.

Scilly Swim challenge 25th May

This spring event challenges those brave enough to swim and walk their way around the islands in one day!

Scilly Folk Festival 24th-28th May

A chance to hear some of the finest folk music from Scilly and the south west. The festival stretches over a long weekend, featuring music, song and dance.

Summer

Otillo 8th and 9th June

Otillo returns to the islands for the world series qualifier, watch the amazing spectacle as teams tackle the ultimate endurance race cover 23 miles of running and swimming.



Image Sue Sherris

Autumn

Taste of Scilly September

Throughout September on all 5 islands, immerse yourself in local life, sampling fine food and ingredients.

Scilly Swim 2-day Challenge 7th-10th September

A series of challenges that invites participants to swim between the islands over a 1 day or 2 day period.

Walk Scilly 10th-14th October

Autumn is a wonderful time to explore the Isles of Scilly on foot, this is a shorter version of the April event, with a selection of walks to suit everybody's tastes and needs.

> YOUR CITY TO ISLAND BREAK > JUST GOT QUICKER >

It's now even easier to reach the Isles of Scilly with a brand-new route between London Heathrow and Cornwall Newquay Airport.

Heathrow is connected to over 200 destinations worldwide; the route to Newquay offers up to 4 daily flights and Skybus connects from Newquay to Isles of Scilly Airport, up to 5 times a day. Making it even easier to escape the daily humdrum of city life for the peace and tranquillity of island life.

#FlySkybus

Keep up to date with all flight and service updates by following [@IOSTravelupdate](#) on Twitter or at islesofscilly-travel.co.uk/travel-updates/



GETTING TO SCILLY

HEATHROW> NEWQUAY> ISLES OF SCILLY



For more information on connecting to the Isles of Scilly by both air, sea and rail via GWR please visit islesofscilly-travel.co.uk

FIVE GO ON A NIGHT-TIME ADVENTURE

THE FAMOUS FIVE © 2017, Hodder & Stoughton Limited. Refurbishment will continue throughout 2019. New cabins can't be guaranteed. Only guide dogs allowed in cabins. To book tickets for our Night Riviera Sleeper, visit [GWR.com/sleeper](https://gwr.com/sleeper)

Refurbished cabins.
USB charging points.
Extra comfort.

GWR Great Western Railway

ADVENTURES START HERE



The great wild swimming guide

With the crystal clear and shallow waters of Scilly being a great place to try wild swimming, we caught up with Nick who runs Adventure Scilly on the Isles of Scilly with his partner Bryony, to hear the benefits of cold-water swimming... all year round!

— Tell us about Adventure Scilly?

— We've been running Adventure Scilly since 2014. We organise the Scilly Swim Challenge (with a mainland partner), run swimming holidays and yoga and wellness breaks.

— Why choose wild swimming?

Living (or holidaying) on Scilly, wild swimming is just so accessible. None of us here are more than a few minutes away from a world-class swimming spot so it seems criminal not to! Whether it's a 5-minute dip after work to clear your head or an hour-long training swim it's simply amazing.

— What do you wear when swimming?

Mostly a wetsuit but increasingly 'skins' i.e. just trunks – modern swimming wetsuits are amazing and allow you to stay in longer but there is something very special about the feeling of the cold water on your skin.

— How do you acclimatise to the cold water?

I think it's a balance between taking things slowly (maybe starting at a warmer time of year, not staying in too long and making sure you dry off and get changed quickly afterwards) but also realising that it can be quite uncomfortable (painful even!) for the first minute or so and that discomfort will soon pass. It's amazing how quickly you can acclimatise if you get in little and often.

— Where are the best spots on Scilly and in Cornwall for wild swimming?

We're so lucky to live right on the beach at Mincarlo so Town Beach on St. Mary's is where we swim the most. Watermill and Pelistry on the east of the island and Great Bay on St. Martins are also favourites. Cornwall has some amazing wild swimming, you could maybe fit in a dawn dip at Battery Rocks beside the Jubilee Pool before travelling on Scillonian on your way to Scilly.

— Are there benefits to your physical and mental health?

There are so many benefits which are only just being backed up by science. Some of the more obvious things are purely from the exercise and fresh air but there is increasing evidence that cold water reduces

inflammation which has both physical and mental health benefits. There is also an endorphin high that many swimmers talk about.

— You previously competed in the world qualifier swim-run event - Otillo on Scilly, what was the experience like?

I helped to plan the first Otillo event in 2016, as we'd been running the Scilly Swim Challenge for a few years. Bryony has taken part for all three years and I've done both the main event, the sprint and been a safety boat driver. Bryony is training for her fourth year. It's a great event and so good to see a whole different type of person getting to experience Scilly's natural adventure playground.



Still not convinced by the thought of plunging into the cold Atlantic water? Smaller exposures into the cold are also beneficial...

Turning the shower down to cold for 30 seconds, washing the face and soaking the feet in cold water have all been shown to be beneficial.

If you're in Penzance before or after your Isles of Scilly holiday, the Jubilee Pool is a natural sea water pool on the promenade (close to Scillonian's departure).

The pool is being regenerated, to create a section of the pool using renewable energy to be heated and enjoyed all year round. If you're stuck for a swimming partner or want

to meet other wild swimmers, do a search for wild swimming on Facebook. There are lots of regional wild swimming groups who often have regular meetups.

NB: If you are considering cold water swimming, do please read up on safe management first and remember to always respect the ocean.



01



02



03



04

- 01 Nick and a group of sea swimmers
- 02 Penzance Jubilee Pool
- 03 Nick and Bryony wild swimming
- 04 The Otillo event



THE BEACH
BBQ restaurant

Porthmellon Beach, Hugh Town
Isles of Scilly TR21 0JY

01720 422521 / 419438
bookatable@scillybeach.com
www.scillybeach.com

Making a difference

The Isles of Scilly Wildlife Trust (IOSWT) is the local, independent conservation charity with a small staff team, of nine who are effectively custodians of the Isles of Scilly. They are responsible for looking after just under 2000 hectares, including areas of the inhabited islands and all of the uninhabited islands.

In 2019, we have chosen to support Scilly's nature conservation charity, forming a partnership that supports the islands, the trust and our visitor experience.

We caught up with Nikki Banfield- Communications Officer at IOSWT, to hear what the partnership means to them.

"The Isles of Scilly Wildlife Trust will be working closely with the Isles of Scilly Steamship Group (ISSG) to help visitors to Scilly learn more about our incredible natural environment, the work that goes in to maintaining it and how they can help us to ensure that continues. If people travelling to Scilly haven't already heard of the Isles of Scilly Wildlife Trust, then they will have the opportunity to learn about us at the point of booking their travel to the Islands via the Isles of Scilly Travel website. The Isles of Scilly Wildlife Trust is Scilly's nature conservation charity and to receive this type

of support and recognition regarding the importance of our work from ISSG is fantastic. We are excited to have a member of the Trust's team on the Scillonian III two days a week throughout the summer season and hope that passengers travelling on those days will find our Marine Ranger informative and a mine of information when it comes to all things wild.

We hope that by partnering up with the ISSG we will reach more of the people visiting our Islands and encourage them to consider how they can help us keep Scilly special, not just for wildlife but also future generations.

The Isles of Scilly Wildlife Trust is responsible for more than 50% of Scilly. Our aim is to ensure that Scilly's wild places remain wild and nature has a space to thrive; by creating space for nature we also ensure that there is space for people too and we work hard to find and maintain that balance.



"There are many ways that visitors to our Islands can help us to look after and protect Scilly's nature, some of which are obvious, others may be less so."

Join us on one of our organised educational events or activities and you will learn more about Scilly's wildlife and the work the Trust is doing to protect our Islands.

Join one of the many beach cleans that take place across the Islands, keep an eye out for our #2MinuteBeachClean Boards, or carry out your own.

Help us to create less single use plastic waste by getting involved with Plastic Free Scilly; get a reusable water bottle or coffee cup, download the Refill App, look out for the #RefillScilly window stickers and discounts offered on coffee at various places if you bring your own cup.

Respect our wildlife and the access restrictions that are in place to ensure that our wildlife has space to thrive free from human disturbance.

Donate to the Isles of Scilly Wildlife Trust to ensure that we can continue to look after our wild places and that Scilly remains a haven for wildlife for generations to come."

Nikki tells us about her favourite 'wild' encounters on Scilly...

"There are so many amazing wildlife experiences which are memorable and make me smile, but most are ones that aren't one offs, and anyone can experience if they are in the right place at the right time and just observe. My favourite seabirds are Fulmar and any encounter with them is awesome; they're inquisitive and full of character and you can't help but smile when you see them. When our sea temperatures warm up (slightly!) and we get Jellyfish blooms, that's quite spectacular too.

For rarities it's the mass stranding of two different types of Salps (Barrel salps with Phronima sedentaria & Soestia zonaria) which happened late in 2018; I discovered them on Porth Hellick and they caused quite a stir within the South-West Marine Biologists. If you've not heard of them then I'd strongly recommend finding out a little more about them because they are very much under-rated but fascinating!"

There will be a dedicated Marine Ranger (Natalie) travelling aboard Scillonian III at least twice a week, Natalie will be on hand for any questions, offering advice about the Trust, Marine Wildlife that can be spotted from aboard Scillonian and providing event details for the great activities that are run by the Trust on the islands. If you spot Natalie on your crossing, be sure to say hi; we've caught up with Natalie to find out why she's excited to take on this role...



Tell us a little about yourself...

"I'm a Zoology graduate from Newcastle University, and have just completed a Masters in Wildlife Filmmaking at UWE Bristol, in partnership with the BBC. My passion lies in science communications and engaging people about the natural world to encourage them to protect it. I produced my student film 'Water Born' on the Isles of Scilly, which is how I came to learn about the amazing work of the Trust."

What does a Marine Ranger do on-board Scillonian III?

"I will be acting as most passengers first point of contact with the Trust during their visit to The Isles of Scilly, so my role is as a link between visitors,

locals, the Trust, and its partner organisations. I'm going to be on board speaking to people about the amazing array of wildlife the islands have to offer; the role of the Trust within protecting it; and how people can get involved and make the most of their time on the islands."

Do you have any tips for budding wildlife rangers?

"To get involved wherever you can. I volunteered at farms, veterinary surgeries, bird sanctuaries and more, and was lucky enough to get permanent work in places doing amazing conservation. Social media can be amazing and the power of it in sharing conservation messages shouldn't be underestimated."

Is there anything about your job that people might find surprising?

"That I'm not in direct contact with the wildlife or diving in to save animals. Education and outreach are just as important in conservation as animal care and rescues."

Many people want to help, but don't know where to start, so I hope to show them how they can get involved and make a difference."

What do you hope to achieve in your new role?

"To show people the amazing wildlife we have to offer right on our doorstep, and what they can do to help protect it."

Often, we think we have to travel to the depths of The Amazon to experience exciting wildlife, when in fact we have many incredible species of our own."

What's the most amazing marine wildlife you've spotted around Scilly?

"Definitely the Atlantic Grey Seals – they are so intelligent and inquisitive, and unbelievably playful."

When's the best time to see marine wildlife around Scilly?

"Scilly and its wildlife are amazing year-round, but from April onwards the puffins return to the breeding colony and come May the Thrift on Annet bursts into colour."

Annet is closed to the public year-round, as it is a vital breeding colony for many species but can be seen from boat trips and Wildlife Safaris."

Between August and February, the female Atlantic Grey Seals can be seen pupping."

In two sentences, how would you describe the marine wildlife on the Isles of Scilly to those who've never visited before?

"The Scillonian heritage is based around the sea, so the marine wildlife is highly regarded and well protected, meaning that the wildlife is just as it should be – wild and free."

Support us



We've added a voluntary donation button to our online booking system. Once you reach the checkout stage of your Isles of Scilly Travel booking, you can choose if you'd like to donate to the Isles of Scilly Wildlife Trust."

PLASTIC FREE PENZANCE

SURFERS AGAINST SEWAGE

FULL STEAM AHEAD TO A BETTER ENVIRONMENT FOR ALL



Written by Rachel Yates

In December 2017, Penzance became the first town in the UK to be awarded Plastic Free status by Surfers Against Sewage. Plastic Free Penzance was set up to help the community meet five criteria to achieve the status and the group has been championing the way for hundreds of other UK towns ever since.

One of their strands of work is responsible tourism.

So, we caught up with Community Lead, Rachel Yates, to hear about the campaign, its links with the Isles of Scilly and to get a few handy tips on how we can all help.

The Isles of Scilly Steamship Group is the link between two communities working incredibly hard to minimise the impact single-use plastics have on our environment.

Plastic Free Penzance and Plastic Free Scilly are both part of the Surfers Against Sewage Plastic Free Communities movement, which aims to tackle avoidable plastic from the beaches all the way back to the brands and businesses that create it.

This isn't about removing all plastic from our lives; it's about recalibrating our relationship with plastic and kicking our addiction to those throwaway items we could so easily avoid, and which have created a pollution crisis for the ocean and wildlife. Both communities follow the marine conservation charity's five-step plan - but what does that mean?

It means we are working with businesses to help them

remove single-use plastic. We are linking with community groups, schools and organisations to promote action, educate and spread the word. We hold regular beach cleans, 'Mass Unwraps' (where shoppers hand unnecessary plastic packaging back to supermarkets) awareness raising events, workshops and community clean-ups to get everyone involved and taking action.

One of the most important things though is encouraging individual action. We all have a responsibility in this and we have the power to choose a more sustainable lifestyle, which doesn't impact on the amazing world we live in.

We know how much visitors value Cornwall and the Isles of Scilly ... from its rugged coastline and tropical-like coves to its lush gardens, windswept moors and traditional towns, harbours and villages.

So, here are our top tips for reducing single-use plastic and the pollution it causes:

1 USE A REFILL WATER BOTTLE

38.5 million single-use drinks bottles are bought every day in the UK. Just over half are recycled, the rest are burnt, buried or end up in the environment. This action alone makes a big difference and could save you up to £400 a year!

2 USE A REFILL COFFEE CUP

Eight million disposable cups are used every day in the UK. 99% end up in landfill, being burnt or polluting the



environment. Many cafes now offer refill discounts ... which means more money saved.

3 USE YOUR OWN SHOPPING BAG

Carrier bags stay in the environment indefinitely, marine wildlife can mistake them for jellyfish and eat them and then there's the carrier bag charge. Plenty of reasons to remember to take a re-useable bag out with you!

4 SHOP LOCAL = LESS PLASTIC



Fill your re-useable bag with loose fruit and veg from the grocer, buy bread and treats in paper from the bakery, stock up on dried goods at Penzance's refill store 'The Weigh Inn' and give the nearest farm shop or roadside stall a visit.

5 #MINIBEACHCLEAN

While you are enjoying the wonderful coastline and walks Cornwall and the Isles of Scilly offer, you will almost definitely come across plastic pollution; be it a bottle, cotton bud stick, balloon or fishing line. Pick it up, bin it ... and feel good!

Do you want to find out more about the benefits of going plastic-free? Look up Plastic Free Penzance on social media and check out plasticfreepz.co.uk We're working with the Isles of Scilly Wildlife Trust, who lead Plastic Free Scilly, to help better protect the islands' unique environment. Read more on page 36. To find out more about Plastic Free Scilly visit ios-wildlifetrust.org.uk/plastic-free-scilly

Est. 2002 **Fay Page** St. Martin's Isles Of Scilly

Handmade gold and silver jewellery, inspired by our island home and made in our workshop by the sea. Find us online or come visit us on St. Martin's. Open Monday - Friday all year (closed Fridays November - March).

www.faypage.co.uk

f t p i @faypagescilly







ON THE QUAY IS THE NEW MUST VISIT RESTAURANT, BAR & CAFE. RELAX IN OUR DESIGNER HARBOUR VIEW RESTAURANT, SOAK UP THE SUN ON OUR BALCONY OR ENJOY THE CONVENIENCE OF OUR GRAB AND GO CAFE. ON THE QUAY SERVES DELICIOUS FOOD, DRINKS AND QUALITY OF SERVICE.

WWW.ONTHEQUAY.COM TEL: 01720 423525 EMAIL: INFO@ONTHEQUAY.COM









SOMETHING SPECIAL

From unique handcrafted gins to silver trinkets sourced from the shores of Scilly; our slice of Scilly products is just the thing to remind you of these special sand fringed islands.

A Fay Page

Inspired by the islands and the sea that surrounds them, this island made jewellery is a celebration of life in Scilly. Visit their beautiful studio and workshop on St. Martin's for an island treasure.

faypage.co.uk

@faypagescilly

home with you and make your holiday last longer.

westwardfarm.co.uk

E Isles of Scilly Travel gift vouchers

Why not let your friends and family in on the Scilly secret? Gift vouchers can be purchased from Isles of Scilly Travel for any value, call 01736 334220 to buy an Isles of Scilly Travel voucher.

B SC Salt

SC Salt is made simply from the sea and the sun on the Isles of Scilly. Hand made salt from the crystal-clear waters of St. Martin's Par. Available locally, on-board Scillonian or at Land's End Airport.

sc-salt.co.uk

@sc_salt

F Holly Woodman Textiles

Inspired by summers on Scilly, Holly Woodman Textiles' evocative fabric designs reflect sentimental memories of the Islands. A perfect reminder of Scilly at home! hollywoodmantextiles.weebly.com Follow @hollywoodman

C Scilly Flowers

Scilly's postal flower service sending gift boxes of scented flowers all year round to any UK address. Churchtown Farm, St. Martin's.

scillyflowers.co.uk

G Scilly Billy

Scilly Billy apparel lets you take the essence of your Scilly holiday home with you. Choose from our characterful range of hoodies, bags, tea towels, T-shirts, hats and more. Designs are pure 'Scilly' and range from swashbuckling pirates to sassy seals. Visit our pop-up shop on St. Martin's or go to scillybilly.com

D Westward Farm Gin

From Scilly's first distillery, hand made on St. Agnes in tiny batches. Enjoy a glass of our unique gins in many of Scilly's restaurants and pubs, and why not take a bit of that Scilly spirit

ISLAND *or* MAINLAND

We have launched an online accommodation directory to make visiting the Isles of Scilly even easier. Here are a selection of holiday properties listed with us near to our departure points – Exeter, Newquay and west Cornwall.



01



02

01 Tumbling Weir Hotel, Near Exeter
02 Watergate Bay Hotel, Near Newquay

From Roman city walls to windy coastal walks, the Southwest has a bit of everything – so next time, why not explore it all? It's now easier than ever to go from mainland to island and see the best the west has to offer. Here are some of our top picks for places to visit.

The only thing better than having lots of choice is not having to choose at all. Next time you visit the Southwest, you can make the most of both the islands and the mainland with our selection of handpicked accommodation with easy links to your final destination.

From bustling towns to untouched coves, the Southwest has something

to offer everyone. So, we've picked places to stay that cater to every need.

If it's a city break you're after, why not explore ancient Exeter from the comfort of the 17th century **Tumbling Weir Hotel**.

This family-owned, thatched accommodation is set in an acre of gardens overlooking the River Otter and is a short ride from the city's Roman walls, bustling quayside and huge selection of restaurants, cafes and shops.

While there you can visit the city's gothic cathedral, check out the exhibits at the Royal Albert Memorial Museum & Art Gallery, or even navigate the medieval underground

passages that weave their way beneath the streets.

Once your stay is over, you're just a ten-minute taxi ride from the airport, where you can fly to the Isles of Scilly in just sixty minutes between March and November.

Of course, if you're looking to get away from city life then heading even further South will provide everything you need.

Known for its iconic beaches, surf culture and laid-back atmosphere, Newquay is one of the county's most popular towns – and just four miles from Cornwall Airport where you can take a thirty-minute flight to the islands.



03 Artist's Residence, Penzance
04 Gurnard's Head, Near Land's End

While in Newquay, you could check out [Watergate Bay Hotel](#). Set on two miles of golden sand, it's the perfect place to sit and watch the surf from the deck.

Or, if you're looking for something a little livelier, you can head down to see some headliners on the headland at the annual Boardmasters music festival.

The dog-friendly accommodation boasts three restaurants on site, has Jamie Oliver's Fifteen next door, and provides the perfect opportunity to unwind with its on-site spa.

Perhaps you want to explore the wilder side of The Duchy?

Head further Southwest to find the rugged coastlines and awe-inspiring locations that provide the backdrop for everything from Poldark to The Pirates of Penzance.

This part of the county provides some of the UK's most untouched beaches, a theatre carved out of the cliffside and a host of legends from lost underwater cities to hidden smugglers caves.

There are also some great accommodation choices.

[The Gurnard's Head Inn](#) located between Zennor and St Just provides a relaxing environment, locally sourced food and a countryside unchanged for centuries.

And Penzance's [Artist's Residence](#), just a short walk from the Scillonian ferry, can help you capture some of the creative energy that fuels the Southwest's artistic contingent.

Alternatively, a self-catering property from [First and Last Cottages](#) will put you in close proximity to Land's End Airport, where you can catch a fifteen-minute flight to The Isles of Scilly.

Planning your next trip already?

Visit islesofscilly-travel.co.uk/isles_of_scilly_accommodation/ to explore the best hotels, B&B's, self-catering cottages and campsites across the Southwest.

NEW

Let's make visiting Scilly easier than ever



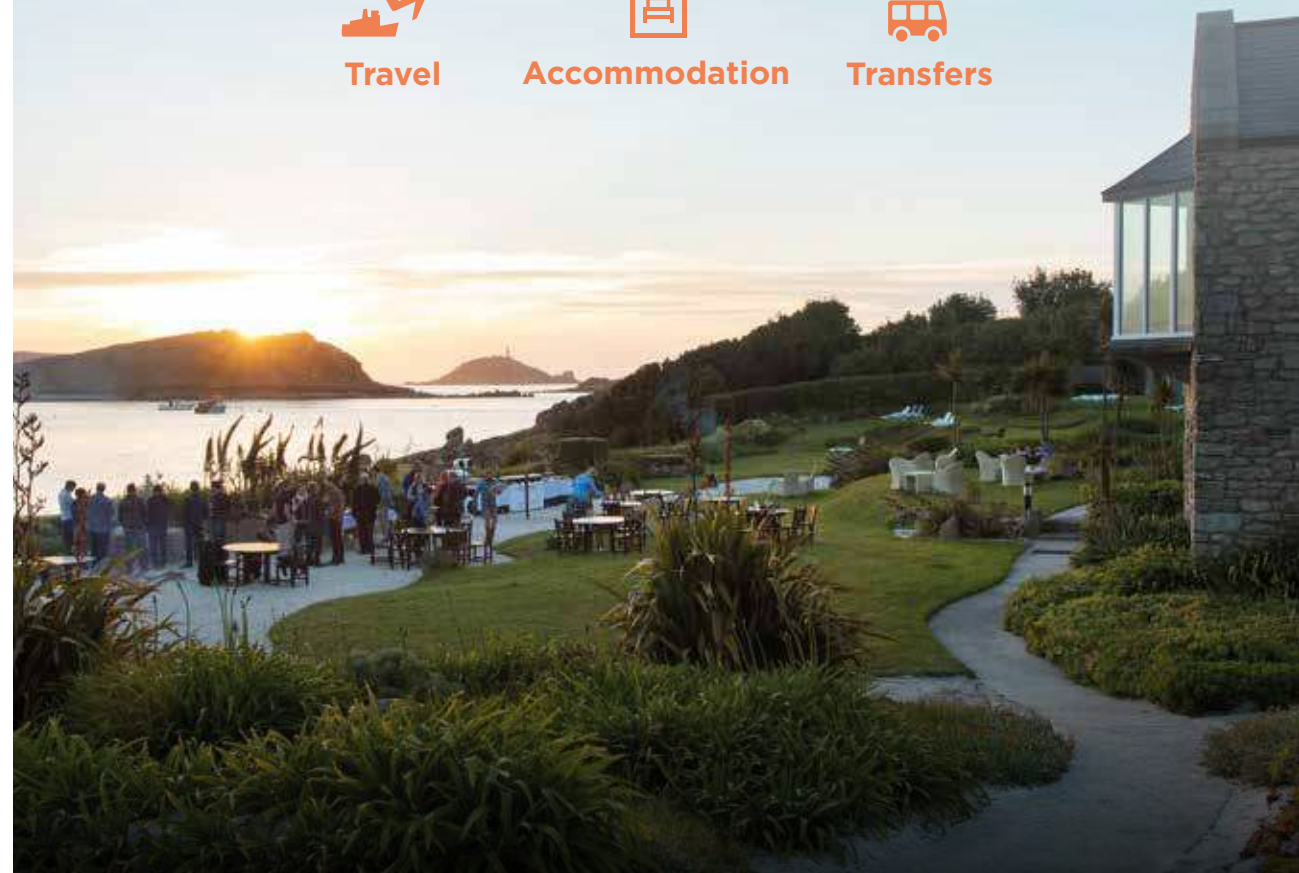
Travel



Accommodation



Transfers



List with us, find tomorrow's regulars

To add your property free of charge on our website, contact our marketing team today and we'll start creating your listing. Contact: marketing@issg.co.uk

islesofscilly-travel.co.uk

ISLES OF SCILLY
Travel

A stopover for the night, a twin centre break or your holiday accommodation

Just a few of the great properties available on our accommodation directory. For the full selection visit islesofscilly-travel.co.uk/accommodation



List your property on our accommodation directory

Do you have a holiday property you'd like to list on our directory?


It's completely free - get in touch with our marketing team.

Email: marketing@issg.co.uk to find out how you can list your accommodation.




The Tumbling Weir Hotel

Exeter, Devon
tumblingweirhotel.co.uk

 Mainland, convenient for Skybus from Exeter Airport

Karma St. Martin's


St. Martin's, Isles of Scilly
karmagroup.com

 Island, convenient for Skybus and Scillonian from St. Mary's




The Headland Hotel

Newquay, Cornwall
headlandhotel.co.uk

 Mainland, convenient for Skybus from Newquay Airport

Longstone Lodge


St. Mary's, Isles of Scilly
longstonelodge.co.uk

 Island, convenient for Skybus and Scillonian from St. Mary's




Mount Haven Hotel

Marazion, Cornwall
mounthaven.co.uk

 Mainland, convenient for Scillonian from Penzance and Skybus from Land's End Airport

Porthmellon Cottage


St. Mary's, Isles of Scilly
porthmelloncottage.co.uk

 Island, convenient for Skybus and Scillonian from St. Mary's



First and Last Cottages

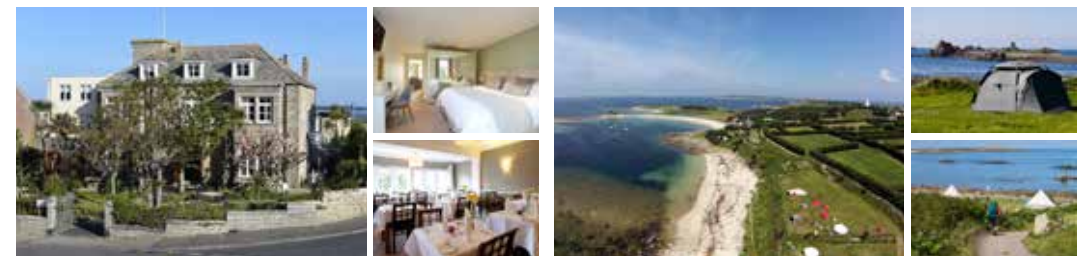
Land's End, Cornwall
firstandlastcottages.co.uk

 Mainland, convenient for Skybus from Land's End Airport and Scillonian from Penzance

Polreath Guest House


St. Martin's, Isles of Scilly
polreath.com

 Island, convenient for Skybus and Scillonian from St. Mary's




St. Mary's Hall Hotel

St. Mary's, Isles of Scilly
stmaryshallhotel.co.uk

 Island, convenient for Skybus and Scillonian from St. Mary's

Troytown Farm Camping

St. Agnes, Isles of Scilly
troytown.co.uk

 Island, convenient for Skybus and Scillonian from St. Mary's

Giving Back

Since launching our Community Fund in 2015, we've supported many groups, charities and projects in west Cornwall and the Isles of Scilly; giving away over £50,000 of funding to 35 different groups.

Our Community Fund is designed to support local projects and good causes that have a tangible on-going positive impact from a community, social or environmental perspective and the projects have been outstanding.

One of the first projects the fund supported was a grant to fund a brand-new marquee for the Guides and Brownies on the Isles of Scilly. Brownie leader Fiona Robson said: "We've always wanted to buy something like this and thanks to the Steamship Company, we've finally been able to," said Fiona. "We'll be using it for all our future camps and fundraising events, so it will make a big difference to the girls."

In June 2018, we awarded an ambitious project on



St. Martin's, on the Isles of Scilly, a grant to help fund the building work of Scilly's first observatory. This enabled the project to get off the ground, the observatory will provide the community and visitors with a hub to enjoy astronomy.

Val Thomas, chair of COSMOS, said: "The money from the Community Fund was the very first donation we received, and it gave us a real kick-start. It was only then we realised that someone believed we could achieve our dream for an observatory on Scilly."

Another fantastic project we have supported, is awarding £3,000 towards a vital piece of safety equipment to NCI Cape Cornwall. The award bought a CCTV camera to look into the blind spot behind the watch station at Priest Cove, near St Just, west Cornwall.

The watch station is run by volunteers who look out for kayaks, swimmers and yachts which don't have electrical equipment, this equipment will help the volunteers to save lives.

The biggest award the fund has supported in its history was £5,000 to the 'Pulling Together the Past' project. Led by the Cornish Pilot Gig Association, this project aims to record irreplaceable historical data digitally, on pilot gig rowing for future generations.

The Cornish Pilot Gig has played an important role in the working and social lives of communities across Cornwall and the Isles of Scilly for generations. In times gone by, the gigs were used as lifeboats, for salvage, general work, and pilotage.



Our donation from the Community Fund allowed this project to 'get off the ground', creating a team of 27 volunteers who are working tirelessly to digitalise the photos, videos, stories and artefacts.

To find out more about the Community Fund's supported projects and criteria for application visit: islesofscilly-travel.co.uk/community-fund-about/ or contact communityfund@issg.co.uk

Scillonian Park & Ride

A simple and convenient start to your Isles of Scilly holiday with secure parking from £6.25 per day islesofscilly-travel.co.uk






Great views and great food


A quirky bistro, steeped in local history with an unobstructed view of Penzance Harbour and St. Michael's Mount.

The Bistro offers a range of delicious dishes using the best in fresh local produce. The menu is predominantly seafood and offers daily specials in addition to the standard menu.

Whether you're looking for a light bite, three course dinner or a Cornish Cream Tea, The Old Lifeboat House Bistro is the place to go. The restaurant is also dog friendly so your furry friend doesn't have to miss out.



The Old Lifeboat House Bistro, Wharf Road, Penzance, TR18 4AA
Open every day for lunch and dinner. Tel: 01736 369 409 www.ollifeboathousebistro.com

Discover West Cornwall



West Cornwall combines stunning natural landscapes with prime cultural experiences such as St Michael's Mount, the Minack Theatre, Tremenheere Sculpture Garden and Tate St Ives.

Marazion, an ancient market town, is just 3 miles from Penzance, and is a hub of galleries, cafes and the gateway to the iconic St Michael's Mount. Uncover the history of this tidal island which is home to 30 island residents, a castle, and a sub-tropical garden. Tread the ancient causeway or catch a boat when the tide is in, meander through the garden, and climb to the summit and gaze out to the expanse of Mount's Bay from the castle terraces.

For further information and tide times:

stmichaelsmount.co.uk | 01736 710265

GODOLPHIN ARMS

The Godolphin Arms is a contemporary beachside restaurant with ten beautiful en-suite rooms, located opposite the iconic tidal island of St Michael's Mount, and is the perfect base for exploring West Cornwall. Our busy and vibrant restaurant serves locally sourced food all day. If you only have time for a short stop, do pop in and enjoy the expansive views from the top level, or breathe in the fresh sea air from our outdoor sea view terrace, whilst tucking into some great food and drink.

godolphinarms.co.uk | 01736 888510



MOUNT HAVEN HOTEL AND RESTAURANT

Located on the outskirts of Marazion, the Mount Haven has 20 beautiful bedrooms, a peaceful garden, an excellent restaurant and a contemporary Terrace Bar with mesmerising views out to sea, with St Michael's Mount as the focal point. A stay here offers the chance to step away from your busy life and truly relax, unwind and rejuvenate. The restaurant at the Mount Haven is open to non-residents and welcomes people for lunch and dinner 7 days a week – booking is recommended.

mounthaven.co.uk | 01736 719937